HIPAA NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

UNDERSTANDING YOUR HEALTH INFORMATION

Each time you visit our office, we make a record of your visit in order to manage the care you receive. We understand that the medical information that is recorded about you and your health is personal. The confidentiality and privacy of your health information is also protected under both state and federal law.

We reserve the right to change our privacy practices and the terms of this Notice, at any time, provided applicable law permits such changes. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this Notice.

USES AND DISCLOSURES OF HEALTH INFORMATION

The following categories describe different ways that we use and disclose medical/dental information. For each category of uses or disclosures, we will explain what we mean and try to give some examples. Not every use or disclosure in a category will be listed. However, all of the ways we are permitted to use and disclose information will fall within one of the categories.

- Treatment. We will use your health information within our office to provide you
 with the best dental care possible. This may include administrative and
 clinical office procedures designed to optimize scheduling and coordination
 of care between hygienist, dental assistant, dentist, and business office staff.
 In addition, we may share your health information with physicians, referring
 dentists, clinical & dental laboratories, pharmacies or other health care
 personnel providing you treatment.
- Payment. We may use and disclose your health information to obtain payment
 or an estimate of benefits for services we provide to you. We may include
 your health information with an invoice used to collect payment for
 treatment you receive in our office. We may do this with insurance forms
 filed for you in the mail or sent electronically. We will be sure to only work
 with companies with a similar commitment to the security of your health
 information.
- Health Care Operations. We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.
- Appointment Reminders. We may use or disclose your health information to
 provide you with appointment reminders (such as voicemail messages, text
 messages, emails, postcards, or letters). These communications are an
 important part of our philosophy of partnering with our patients to be sure
 they receive the best care modern orthodontics can provide.
- Business Associates. We may enter into contracts with persons or entities
 known as business associates that provide services to or perform functions
 on our behalf. Examples include our accountants, consultants, and attorneys.
 We may disclose your health information to our business associates so they
 can perform the job we have asked them to do, once they have agreed in
 writing to safeguard your information.
- To Your Family and Friends. We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.
- Abuse or Neglect. We may disclose your health information to appropriate
 authorities if we reasonably believe that you are a possible victim of abuse,
 neglect, or domestic violence or the possible victim of other crimes. We may
 disclose your health information to the extent necessary to avert a serious
 threat to your health or safety or the health or safety of others.
- \bullet ${\bf Required\ by\ Law}.$ We may use or disclose your health $\,$ information when we are required to do so by law.
- National Security. We may disclose to military authorities the health
 information of Armed Forces personnel under certain circumstances. We
 may disclose, to authorized federal officials, health information required for
 lawful intelligence, counterintelligence, and other national security activities.
 We may disclose to correctional institution or law enforcement official
 having lawful custody of protected health information of inmate or patient
 under certain circumstances.

- Persons Involved In Care. We may use or disclose health information to notify, or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.
- <u>Marketing Health-Related Services.</u> We will not use your health information for marketing communications without your written authorization.
- Your Authorization. In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. Other uses and disclosures of your health information not covered by this notice or the laws that apply to us will be made only with your written authorization. If you provide us with an authorization to use or disclose medical/dental information about you, you may revoke that authorization, in writing, at any time. If you revoke your authorization, we will no longer use or disclose medical/dental information about you for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures we have already made with your permission, and that we are required to retain our records of the care that we provided to you.

PATIENT RIGHTS

Access. You have the right to read, review, and copy your health information, including your complete chart, x-rays and billing records. If you would like a copy of your health information, please provide us with your request in writing. We may need to charge you a reasonable fee to duplicate and assemble your copy.

<u>Disclosure Accounting.</u> You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes, other than treatment, payment, healthcare operations and certain other activities, for the last 6 years. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests.

Restriction. You have the right to request, in writing, that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

Alternative Communication. You have the right to request that we communicate with you about your health information by alternative means or to alternative locations. You must make your request in writing. Your request must specify the alternative means or location, and provide satisfactory explanation how payments will be handled under the alternative means or location you request.

Amendment. You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended.) We may deny your request under certain circumstances.

PRIVACY COMPLAINTS

If you believe your privacy rights have been violated, you may file a complaint with the office or with the Secretary of the Department of Health and Human Services. To file a complaint with the office, contact Dr. Smith or Dr. Christensen at 2575 N. Ankeny Blvd., Ste. 205, Ankeny, IA 50023. All complaints must be submitted in writing.

You will not be penalized for filing a complaint.

ACKNOWLEDGEMENT OF RECEIPT OF HIPAA NOTICE OF PRIVACY PRACTICES

Smith and Christensen, L.L.P.

I understand that under the Health Insurance Portability & Accountability Act of 1996 ("HIPAA"), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I have received and understand your *Notice of Privacy Practices* containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its *Notice of Privacy Practices* from time to time and that I may contact this organization at any time to obtain a current copy of the *Notice of Private Practices*.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

I understand that I may revoke this consent in writing at any time, except to the extent that the organization has taken action relying on this consent.

In addition, I authorize *Smith and Christensen*, *L.L.P.* to disclose my protected health information to the following person(s):

Name		Relationship
Name		Relationship
	Please Note: It is your	efuse to sign this Acknowledgement.
Patient Nai	me (Please Print)	
Signed (Pat	tient or Legal Representative for Patient	 Date
Authority o	of Legal Representative to Sign for Patie	one):
□Parent	☐Guardian ☐Power of Attorn	Other:
		Use Only
_	t was made to obtain written Acknowlec actices, but it could not be obtained beca	by the individual noted above of receipt of our Notice of
_	_ A communication barrier prevente _ The individual was unwilling to si _ Other:	
 Staff Memb	ber Signature	 Date